



PCCC promotes a sporting Time Trial to be held on the S46/16 on behalf of the CTT under their rules and regulations.

**March 13<sup>th</sup>, 2022 - First rider off at 0900**

**Event Sec.:**

Steve Payne  
26 Borrowdale Close  
Plymouth  
PL6 5BN  
07759779018

**Race HQ:** Golburden Village Hall (near Callington) postcode PL17 7ND open from 0800

**Timekeepers:** Lynn Mariss & Pete Foubister & Ian Myer

**Marshals :** Members and friends of PCCC

**Course Details:**

S46/15S - Start on A388 some 2 miles North West of Callington at the north end of layby just beyond Goberdon Cross (GR SW351725) – 30m North of Kennels  
Proceed Northwestwards towards Launceston to bear left on to B3257 to pass through Bray Shop, Coads Green and Congdons Shop to Plusha. Turn right on to the old A30 and then right again and then left back on to the B3257. Retrace outward route.  
Finish at a point opposite farmhouse and 300yds from the junction of B3257 and A388 – (at junction of B3257 and unclassified lane which leads to A388)

**The event is being supported by the local Women's Institute who are providing the tea/coffees & cakes - for a donation of £5 its all you can drink tea or coffee + lots of cake – all money raised is going towards the Air Ambulance charity please support if you can.**

**If you prefer not to donate there will be free tea/coffee & biscuits for all riders**

**Allow 10 mins to get to the start from the HQ – narrow lanes and sign posted**

**Notes to riders : Covid**

**Most restrictions have now been lifted however please observe social distancing – you are encouraged to wear a face mask in and around the race HQ**

**There will be no pusher off at the start**

Numbers will be at the H.Q. where you will need to sign on before taking your number.

Limited parking is available at the HQ

If using a turbo at the race HQ, please allow plenty of spacing

On returning to the HQ, you are required to sign the signing out sheet. Failure to do so will result in disqualification.

No warming up on the course after 1st rider has started (09:00am).

Please observe the Highway Code.

Be especially aware of the traffic calming bollards and humps in Coads Green marshals in situ

Be aware of the tight left corner about a mile before the turn and the loose road surface and fast narrow downhill section when re-joining the “out” route at the turn (marshal)

Be aware of the rough road surface on parts of the course

**All competitors – please be aware of the new CTT Regulation 14(i) & 15:**

1.No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light and front white light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users. **NO REAR & FRONT LIGHT – NO RIDE**

2.All competitors are to wear a hard-shell helmet manufactured to a suitable standard. **NO HELMET- NO RIDE**

**U18 riders required a signed consent form to be presented before numbers are issued**

Event riders waiting to start must do so before the timekeeper and stand in single file. Max of 5 at the start waiting to start

Officials must not seek to regulate or interfere with other traffic.

Paced and Company Riding – Time Trialling for Beginners states that “When a competitor gets caught by another rider the regulations require the overtaken rider to fall back to a distance behind the other rider of at least 50 yards.

Keep your head up good luck and have a safe ride!

**Prizes Overall: One prize per rider**

**Senior Men & Female: 1<sup>st</sup> £15**

**Road bike (see below for definition) 1<sup>st</sup> Male & Female £10**

**Vets: Male & Female 1<sup>st</sup> 40+ 50+ 60+ £10 (no female 40+)**

**Junior 1<sup>st</sup> £15**

**Non-Aero = Standard Bike**

**No**

**Tri Bars of any sort**

**Disc Wheels**

**TT Helmet**

**Deep Rims are ok**